

Mount Zion Baptist Church
3301 North 56th Street
Rev. Tremaine M. Combs, Pastor

FOOD DISTRIBUTION

June 3rd & June 10th

6:30 pm to 8:00 pm

MENU:

June 3rd

Spaghetti with Meat Sauce and Green Beans
Tuna Casserole and Green Peas

June 10th

Chicken and Rice Casserole with Broccoli
Turkey Chili with crackers

Items Needed:

Spaghetti – 16 oz. pkg.

Ground Beef – 1 lb. pkg. (80/20 or higher lean)

Canned Green Beans

Egg Noodles – 16 oz. pkg.

White Rice

Canned Chili Beans

Ground Turkey – 1 lb. pkg.

Spaghetti sauce

Canned Green Peas

Canned Tuna in water

Canned Chicken

Cream of Chicken Soup

Frozen Broccoli

Crackers

Please have donated items to the Church by Monday, June 1, 2020

or call the Church at (402) 464-3301